

Mental Health First Aid Instructor Training

Tri-City MHS will be offering a Mental Health First Aid [MHSA] Instructor Training for community members who live, work, volunteer, or serve those in the cities of La Verne, Pomona, and Claremont.

Mental Health First Aid teaches a 5-step action plan that is used to help people showing signs and symptoms of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self help care they may need.

If you are someone who would like to educate your community on how to reduce the stigma associated with mental illness and train them to respond when someone experiences a crisis; please consider becoming a MHFA Instructor.

Highlights

- ◆ Training is FREE
- ◆ Instructor Course is 5-days
- ◆ Participants MUST ATTEND all 5-days in order to be considered for instructor certification
- ◆ Once certified as Instructors, you are committed to doing 3 FREE community trainings in the Tri-City area

Information

- ◆ Dates: Monday, June 18th through Friday, June 22nd
- ◆ Time: 8am-5pm [everyday]
- ◆ Location: Claremont, CA
- ◆ Applications: We will require all interested participants to complete and submit an application by Monday, June 4th. Priority will be given to applicants who submit earlier.

Contact Information

For further information, please contact Community Mental Health Trainers, Lisa Naranjo and Chris Anzalone at:

- ◆ Email: mhfa@tricitymhs.org
- ◆ Phone: 909-784-3249
- ◆ Fax: 909-865-0867